



COURAGEOUS KIDS CLIMBING Newsletter

November 1, 2018

FREE climbing events for people with special needs!



From the Editor,

Check out the photo above. I really enjoy seeing parents and caregivers overwhelmed by the accomplishments of their courageous climbers! It is amazing what these kids will do if just given the chance!

A last-minute addition to our 2018 schedule is an opportunity for 15 kids to ice skating with the Boise State University Broncos Hockey Team at the Manchester Ice and Events Center in McCall on Saturday, December 1 from 11:00 am until noon. **Reservations are required!** This should be a pretty cool event – no pun intended!

If you look below, you will notice that we have already finalized our 2019 schedule. Please check out the “events” on our Facebook page and share these events in your Facebook group and pages. We hope to have 300 courageous climbers participate in our events in 2019!

Check out this article about one of our recent events:

<https://nkctribune.com/cwu-facilitates-courageous-kids-climbing-event-on-aug-11/>

TRIVIA: This US Astronaut had the longest career on any astronaut and was the first to fly on six space missions. During his flying career with the US Navy and later as a NASA astronaut, he accomplished the following: Set to two world time-to-climb records in

an F-4 Phantom II fighter jet as a Navy Test Pilot; Flew on the first manned Gemini mission, as pilot of Gemini 3; He later flew as Commander on Gemini 10; He was Command Module Pilot on Apollo 10; 9th person to walk on the Moon as Commander of Apollo 16; He flew as Commander on the Columbia on the first Space Shuttle mission, STS-1; He then commanded STS-9, also on Columbia.

During a visit to the Vertical Assembly Building at Cape Kennedy prior to the first Space Shuttle mission, he was asked if he would like to go to the top of the building to look down on the orbiter as it was being mated to the fuel tank and solid rocket boosters.

His reply? “No thank you. I’m afraid of heights!”

Who was this man that flew to great heights yet was afraid of heights?

RISE ABOVE!

Jeff Riechmann
Event Coordinator
Courageous Kids Climbing

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SCHOLARSHIPS:

ATTENTION TEACHERS! Courageous Kids Climbing has worked hard to create two scholarships for students with special needs. Here is a quick description:

University of Idaho: \$1000 for a student with special needs from Idaho or eastern Washington to attend the University of Idaho in Moscow, ID.

University of Antelope Valley: \$1000 for a student with special needs, upon completion of an approved program at the University of Antelope Valley in Lancaster, California.

Let us know if you have any questions.

FOR THE RESCUER:

Many rock climbers like to climb in areas that are pretty remote, such as on the Grand Teton (*in the photo below*) near the Teton Rock Gym in Driggs, Idaho. In the event that they should become trapped on a cliff, a helicopter rescue may be necessary. In other cases, the injury(s) may require a ride to the hospital in an air ambulance.



Here is a little refresher for when you request a helicopter for your incident. The pilot will appreciate it if you can share this information with them ASAP.

ALTITUDE: The higher the altitude, the thinner the air. The thicker the air, the more “bite” the helicopter’s rotors can get, helping the helicopter to fly.

TEMPERATURE: The hotter the air temperature, the thinner the air. This is why on really hot afternoons in Phoenix they close the airport. The air is so thin that the aircraft can not get enough lift (bite) to fly.

PATIENT WEIGHT: The heavier the patient, the harder it is to fly. A heavy patient requires that the helicopter get more “bite” than when carrying a lighter patient.

To briefly summarize, on a cold day in Alaska near the ocean, a helicopter can carry a heavy patient. On a hot day in Denver, that same helicopter will not be able to get off of the ground with the same patient.

By providing the pilot with the above information as early as possible, you will help the pilot decide whether or not they want to take the mission or pass it off to a more powerful helicopter. (They may actually reduce their fuel load and / or remove some equipment to better accommodate the patient in certain situations.)



Kern County (CA) Fire Department Helicopter 408 practices hoisting an injured patient.

In the photo of the helicopter above, a patient that they pick up near the beach, they may not be able to pick up in the mountains because of the higher altitude and the warm, thin air. In this case, the single-engine helicopter in the photo may pass the mission off to a twin-engine helicopter, which has more power.

Please feel free to share this little training briefing with other emergency responders.

THANK YOU!

We received this from the MDA for supporting their summer camp with lifting devices and a slackline.



Jeff - Thank you so much for being a part of MDA Summer camp! It was amazing to see our campers try-out your slackline and LOVE it! Thank you for helping them live beyond their "limits" + giving them the chance to do something they may have never thought possible! It was a thrill to witness. I hope you'll join us for even more fun + excitement next summer! Thank you!
 - Kelsie, camp Director

This was an awesome event! Thank you inviting us to be a part of this! We are looking forward to coming out next year!

Hopefully, we can find a mobile climbing wall to support this event! Can you help us with this as we may need to rent one.

2019 EVENT SCHEDULE

Please note, we ask that you please pre-register for any of our events to help us insure that we have the appropriate resources on hand to support your courageous climber as well as to keep the group size to a minimum which helps us make sure everyone has a quality experience.

April 13 The Rock Gym – Rexburg, Idaho 10:00 am until noon. Sponsored by HAS, Inc.

April 19 Wild Walls, Spokane, WA. 11:00 am until 1:00 pm. This is a closed event for the Spokane School District.

April 20 Wild Walls, Spokane, WA. 10:00 am until noon. Supported by St. Luke's Rehabilitation Institute.

April 27 University of Idaho Climbing Center, Moscow, Idaho 10:00 am until noon. Supported by the Centers for Disability and Human Development.

May 4 – Climbing on Stuff for 12 legally blind school age kids. Boise Smokejumper Base. 10:00 am until noon.

May 19 Wings Center, Boise, Idaho 10:00 am until noon.

June 16 Nevada Climbing Center, Las Vegas, Nevada. 9:00 am until 11:00 am.

June 22 Action Sports, Bakersfield, California. 10:00 am until noon.

June 23 Los Angeles Sheriff Mobile Climbing Tower at the University of Antelope Valley, Lancaster, California. 10:00 am until noon.

August 10 Central Washington University Recreation Center, Ellensburg, Washington. 1:00 pm until 3:00 pm.

August 11 YMCA Camp Colman, Longbranch, Washington. 10:00 am until noon.

September 7 Downtown YMCA, Boise, Idaho 10:00 am until noon.

September 14 Spokane Valley YMCA, Spokane Valley, WA from 1:00 pm until 3:00 pm.

October 5 Gemstone Climbing, Twin Falls, ID 1:00 pm until 3:00 pm.

October 19 Teton Rock Gym, Driggs, ID 1:00 pm until 3:00 pm.

For more information on Courageous Kids Climbing or to reserve a spot for your child at one of our events, or to volunteer or sponsor an event, send an e-mail to JeffRiechmann@cs.com or please visit Courageous Kids Climbing on Facebook.

Please feel free to share our newsletter with anyone who might be interested.

EVENT HIGHLIGHTS:

To see more photos from our events, visit:

<https://www.facebook.com/CourageousKidsClimbing/>



YMCA – Boise, ID. 9/8/18:

16 courageous climbers came out and climbed the walls at the Downtown YMCA in Boise. The event was also supported by two A-10 fighter pilots from the Idaho Air National Guard, an ambulance from the Ada County Paramedics and a fire truck from the Boise Fire Department.

We received the following comment regarding the Boise event: *Another fabulous event in Boise today! It just fills my heart with joy seeing the EMT, pilot and Fire crew chatting with the kids. And then having Gareth who refused to climb at the beginning of the session, jump in at the 11th hour and climb! This work that you are doing is a beautiful and worthwhile thing – thank you!*

<https://www.flickr.com/photos/124fw/sets/72157698013194562>

<https://www.dvidshub.net/news/293070/10-pilots-climb-with-courageous-kids>

<https://www.dvidshub.net/publication/issues/43660>



YMCA – Spokane Valley 9/15/18:

We traveled to Spokane Valley for our second annual visit and were met by 13 courageous climbers who came out to climb the walls of the YMCA. We were joined by a large number of volunteers from the St. Luke's Rehabilitation Center, one of whom recently completed a course of instruction in sharing climbing with people with special needs. (Her observations and comments were great and we hope to benefit from her at future events!) We were kept busy hauling kids with physical challenges up the wall and help one climber practice his walking and grasping skills. A very successful event and our events in the Spokane area continue to grow. Thanks to KREM TV for coming out and covering the event.

<https://www.krem.com/article/news/local-group-offers-adaptive-climbing-for-children-with-special-needs/293-594908191>

https://www.youtube.com/watch?v=I_YJ1f42GPM



Gemstone Climbing, Twin Falls, ID 10/6/18:

On a rainy day in Twin Falls, Idaho, 15 courageous climbers braved the elements and joined us at Gemstone Climbing Center. We were also joined by several members of the Twin Falls Fire Department and Magic Valley Paramedics. All of the kids had a great time

and several of them enjoyed going for a ride in the chair. We really enjoyed this comment from one of the parents: *“Thank you so much for this opportunity! We would not have attempted to take our son climbing without your support. We discovered he is capable of amazing things and he loved climbing! Thank you!”*



Teton Rock Gym, Driggs, Idaho 10/20/18:

Six courageous climbers joined us for our third event at Teton Rock Gym in Driggs. We received great support from Teton Adaptive Sports in Jackson Wyoming and Teton County Fire

Rescue. We hoisted one child and several of the climbers had the opportunity to sit in a fire engine.

<https://www.facebook.com/TCSD401/videos/1940442206076077/>

<https://www.facebook.com/TCSD401/videos/575162002915756/>

TRIVIA ANSWER: Captain John Young

Courageous Kids Climbing is member of the McCall Community Improvement Corporation, an Idaho non-profit.

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