

Parent Agreement

At Children's Therapy Place, we are committed to providing the highest-quality therapy services in order to help your child maximize skills and achieve goals. To ensure the greatest opportunity for your child's success, we request that both parents/guardians agree to the following expectations:

1. **Therapy Schedule/Attendance.** Consistent therapy is important for best results. When developing your child's therapy schedule with your Clinical Supervisor, please make sure to discuss your child's other commitments and responsibilities, (i.e. therapy appointments, regularly scheduled doctor's appointments, etc.).

In the event of illness or emergency, please provide the CTP office or your therapist with at least 24 hours notice if your child is unable to attend therapy. We reserve the right to discontinue services if frequent cancellation of services occurs. If your child is not feeling well and you are not sure whether or not to cancel therapy, below are some helpful guidelines to aid you in deciding. If your child is/has a fever, runny nose with green or yellowish discharge, undiagnosed skin rash, pink eye, vomiting, therapy may resume once the child has been symptom free for 24 hours without the use of medications.

2. **Preparing for Therapy.** Parents are responsible for ensuring that the child is prepared for therapy.
 - a. Meals - Please feed your child a healthy meal prior to starting therapy. If this is not possible, talk to your therapist about including meal time in therapy.
 - b. Clothing – Your child should be dressed appropriately for outside activities, and provided with sunscreen and a water bottle, if applicable. Spare clothes and diapers, wipes should be provided for children who are not fully potty trained.

3. **Therapy Location.** Developmental Therapy, IBI, Habilitative Support and Habilitative Intervention are home, community, and/or center based. The decision of where therapy should occur is based on your child's specific strengths and needs. Various locations are often utilized each week to expand the child's learning across several settings and to generalize skills.

If therapy is being provided in home, please make sure that a clean quiet area is available. Please turn off the TV and minimize other distractions, such as family members and siblings coming and going. Siblings and other children must have other adult supervision during therapy.

4. **Transportation.** With parent permission, your child's therapist may transport your child during therapy. Therapists must adhere to all laws related to

transportation of children, and parents are responsible for providing appropriate seating.

5. **Supervisor Observations.** At least once each month, the therapist's supervisor will come to your home or meet your child and the therapist out in the community to observe the therapy being provided. This is a Health and Welfare required practice and helps to ensure a high quality of therapy being provided for your child.

6. **Medications & Special Medical Needs.** Employees of Children's Therapy Place are strictly forbidden from handling, transporting, dispensing, opening, discarding, distributing, etc. your child's medications.

We rely on you to inform and train your child's therapist to the best of your abilities about any special medical needs your child may have. For your child's safety, tasks such as positioning, lifting, etc. should be demonstrated and modeled by you for the therapist before the therapist is expected to perform the task.

7. **Discipline.** Our goal is for your child to respond to the therapist's instructions and participate fully in therapy. Having the expectation that your child will follow the therapist's instructions conveys to the child that they CAN do this. Please allow the therapist to direct the therapy and work with your child. Try not to give directions to your child or try to "help" the therapist. The therapist will ask for your help when they need it. If your child seeks you out during therapy, empower the therapist by having your child return to the therapy session immediately. This teaches your child that the therapist is in charge during the therapy session and they need to follow their directions.

If your child becomes resistant or upset during therapy, please allow the therapist to work through your child's behavior without interruptions so they can continue therapy. This helps your child learn coping skills and to express their emotions in a positive way. This also teaches them to trust the therapist. Resistance frequently escalates before it gets better.

Employees of Children's Therapy Place will not take part in time out discipline methods. If you would like to utilize time out during therapy, the therapist will wait until you have completed your time out process, then resume therapy. All employees of Children's Therapy Place are mandatory reporters of abuse and neglect.

8. **Tutoring & Academics.** Habilitative Support and Habilitative Interventionist staff are not permitted to perform tutoring type tasks or assist with academic skills. The state of Idaho believes that academic tasks and tutoring assistance is the responsibility of the school district. Children's Therapy Place can provide tutoring services at no cost if your child is eligible for Supplemental Education Services through his/her school.

9. **Repair of Damages Caused by an Individual During Services.** At times, if an individual is escalated, their actions may result in damages to or destruction of property (e.g. facility space, vehicles, or other property). Parents are responsible for cost or repair or replacement associated with damages caused by a participant during the course of services.

10. **Therapists' Paperwork.** If your child receives Developmental Therapy or Habilitative Support the therapist has a time-sheet (called a "CSR") that needs to be signed by you daily. The therapist should review their CSR with you at the end of therapy session to show you both their time and the progress your child made on their goals.

When changes in the therapy schedule occur please make sure there is a note of it on the therapist's time sheet. This can simply be written on the side that therapy was canceled due to illness of the child or a family vacation. Please initial these notes.

11. **Other Therapy Services.** Additional services offered by Children's Therapy Place include: Occupational Therapy, Physical Therapy, Speech/Language Therapy, Counseling, Tutoring and Service Coordination services as well! If you would like to find out more about these additional services please call the office.

By working together as a team, we can help your child make positive steps towards independence. We enjoy the partnership we have created with your child and your family and will make every effort to assist your child in meeting their maximum potential.

I have read and agree to the expectations outlined above.

Parent/Guardian Signature Date

Parent/Guardian Signature Date

Agency Representative Signature Date